



The American Heart Association/Irish Heart Foundation (AHA/IHF) "Heartsaver" AED course teaches participants the concepts and application of cardiopulmonary resuscitation (CPR), the use of an automated external defibrillator (AED) and the methods to use when dealing with a casualty who has an obstructed airway. The course is carried out by Instructors certified by the IHF and who are listed on the IHF training site of EMS & Associates.

### **COURSE DURATION**

One half-day with a 15-minute refreshment break

### **COURSE METHODOLOGY & ASSESSMENT**

The practical skills on this course are delivered by an IHF BLS Instructor, using IHF training videos/materials. Participants are taught rescue breaths, chest compressions and how to effectively use an AED when a sudden cardiac arrest occurs.

Assessments are carried out by the course tutor on the practical application of CPR and the use of the AED.

***There is a maximum ratio of 6:1 (Learner: Instructor) on each course***

### **CERTIFICATION**

Upon successful completion of the course, learners will receive an AHA/IHF wallet-size card, which is valid for two years from the date of issue.

## **ENTRY CRITERIA**

No previous qualifications are required for learners to participate in the course. Any medical condition (including pregnancy) that would affect a participant's ability to complete the practical skills session must be discussed with the Course Instructor before the course commences.

## **COURSE SYLLABUS**

Introduction to Basic Life Support

Chest Compression

Rescue Breaths

Scene Safety

Special Considerations

CPR Sequence

CPR for Children & Infants

Calling 999/112

AED Introduction and use

AED Skills Test & Check

Adult/Child/Infant Obstructed Airway Management

## **FURTHER INFORMATION**

For further information or to book a course, please call us on 041-9822933 or email us on

[info@emsandassociates.com](mailto:info@emsandassociates.com)