



The People Handling course is designed for any person who undertakes any form of moving and handling of patients in a work or homecare environment. Simple moving and handling situations require awareness of the hazards and an understanding of the need for best practices to reduce the risk to the carer, the patient and the organisation. The moving and handling of people/patients is a specialised skill requiring specialised training.

### **COURSE DURATION**

One day from 9:00 a.m. to 4:00 p.m. with refreshment breaks

### **COURSE METHODOLOGY & ASSESSMENT**

This course is based on the core contents of the Training Programme recommended by the Minimal Handling Advisory Group published in 2005. The course emphasis is on risk assessment and preparation, planning and performance of techniques. A combination of practical exercises, theory instruction and risk assessments, using different multimedia, are combined to instruct learners in a positive workplace safety culture. Learners are instructed in the usage of assistive equipment such as transfer belts, sliding boards, sliding sheets and patient transfer hoists.

Assessments of the learners are carried out through the tutor's observations of their engagement on the course and their participation in the practical skills sessions.

Course are delivered by tutors who carry a QQI Level 6 Special Purpose Award in Manual Handling and People Handling.

### **CERTIFICATION**

Upon successful completion of the course, participants will receive a People Handling Certificate from EMS & Associates.

## **ENTRY CRITERIA**

No previous qualifications are required for learners to participate in the course. Any medical condition (including pregnancy) that would affect a participant's ability to complete the practical skills session must be discussed with the course tutor before the course commences.

## **COURSE SYLLABUS**

Occupational Health & Safety Legislation

Minimal Handling Policy

Hazard Identification, Risk Assessment & Control Measures

Anatomy & Physiology of the Body

Injuries to the Spine & Musculoskeletal System

Principles of Safe Moving & Handling

Patient Transfer Equipment and Systems

Practical Session on Moving and Handling Techniques

## **FURTHER INFORMATION**

For further information or to book a course, please call us on 041-9822933 or email us on

[info@emsandassociates.com](mailto:info@emsandassociates.com)