



This QCI Level 5 Component Award is designed to equip the learner with the knowledge, skills and competencies to promote and maintain safety and health in the working environment. The course is delivered by health and safety trainers who have knowledge of and experience with the vocational area of the learners. The training is provided in a method that is easily assimilated by the learner and, at the same time, ensures that all learning outcomes are achieved.

### **COURSE DURATION**

Five days from 9:00 a.m. to 6:00 p.m. with refreshment breaks

### **COURSE ASSESSMENT**

Assignments: 60% (two assignments – brief devised by the internal assessor)

Examination – Theory: 40%:

Section A – 10 out of 12 short answer questions (SAQs, two points each)

Section B – 2 out of 3 structured questions (10 points each)

To meet the needs of each learner on the course, each learner will be given a pre-course questionnaire to determine their learning requirements concerning health and safety. Throughout the course, learners are required, as part of their non-contact hours, to complete a log/portfolio of health and safety tasks carried out in their work environment. This work, in turn, will help with completing the required assignments.

All assessments are carried out following QCI guidelines. Also, as part of the quality assurance procedures of EMS & Associates, before submission of results to QCI, internal verification and external moderation are carried out to ensure consistency with national standards.

## ACCESS, TRANSFER AND PROGRESSION

Learners should have reached a standard of knowledge, skill and competence either associated with achieving an award on the preceding level on the National Framework of Qualifications or through relevant life and work experience. Successful completion of this component award enables the learner to transfer to programmes leading to other certificates where this component is a mandatory or an elective requirement.

## CERTIFICATION

Upon successful completion of the course, participants will receive a QQI Level 5 Component Award.

## COURSE SYLLABUS

- Health and Safety Status
- The Role of the Health & Safety Authority
- Health & Safety Legislation
- Roles and Responsibilities of Employer & Employee
- Hazard Identification
- Risk Assessments
- Accidents and Dangerous Occurrences
- Safety Statement – Elements and Functions
- Fire Safety
- DSE/VDU Regulations
- First Aid Equipment in the Workplace
- Hazardous Materials, Waste and Safety Data Sheets (SDS)
- Safety Signage
- Personal Protective Equipment (PPE)
- Manual Handling
- Personal Health & Safety – Lifestyle and Health choices
- Promoting a Safe Working Environment

## FURTHER INFORMATION

For further information or to book a course, please call us on 041-9822933 or email us on [info@emsandassociates.com](mailto:info@emsandassociates.com)