

# Manual Handling Instructor

QQI  
Level 6  
6S0242



This QQI Level 6 Component Special Purpose award is designed to equip the learner with the knowledge, skills and competencies to deliver manual handling training in the workplace. The course is delivered by health and safety tutors with a guest tutor who specialises in physiotherapy/physical therapy. The course is delivered in line with the standards set in the Safety, Health & Welfare at Work (General Application) Regulations 2007 – Part 2, Chapter 4: Manual Handling of Loads. The training is delivered in a method that is easily assimilated by the learner and, at the same time, ensures that all learning outcomes are achieved.

## **COURSE DURATION**

Five days from 9:00 a.m. to 6:00 p.m. with refreshment breaks

## **COURSE ASSESSMENT**

Skills demonstrations: 60% (two skills demonstrations – Practical and Presentation Skills)

Assignments: 20% (one assignment – brief devised by internal assessor)

Examination – Theory: 20%; 20 short answer questions (SAQs, one point each)

All assessments are carried out in accordance with QQI guidelines. In addition, as part of the quality assurance procedures of EMS & Associates, prior to submitting the results to QQI, internal verification and external authentication are carried out to ensure consistency with national standards.

***The minimum number of learners is 6; the maximum number of learners is 12.***

## **ACCESS, TRANSFER AND PROGRESSION**

Learners should have reached a standard of knowledge, skill and competence either associated with achieving an award on the preceding level on the National Framework of Qualifications or through relevant life and work experience. Successful completion of this component award may enable the learner to transfer to programmes leading to other certificates where this component is a mandatory or an elective requirement.

## **CERTIFICATION**

Upon successful completion of the course, participants will receive a QQI Level 6 Component Award.

## **COURSE SYLLABUS**

Health & Safety Legislation  
Legislation – Manual Handling  
Personal Protective Equipment (PPE)  
Ergonomics  
Risk Assessment  
Anatomy of the Spine  
Injury of the Spine  
Fitness, Flexibility and Exercise  
Biomechanics of Manual Handling  
Principles of Manual Handling  
Back Care Advice  
Communication & Presentation Skills  
Manual Handling Programme  
Manual Handling Policy

## **FURTHER INFORMATION**

For further information or to book a course, please call us on 041-9822933 or email us on [info@emsandassociates.com](mailto:info@emsandassociates.com)