



Our Pre-Hospital Emergency Care Council (PHECC) First Aid Essentials - Basic First Aid course is designed to provide learners with a basic first aid skill set, including Cardiac First Response - Community (CFR-C). Learners develop the knowledge and practical skills to assess and manage a person who becomes suddenly ill or injured in the pre-hospital environment until the arrival of emergency medical services. The course is delivered by appropriately qualified instructors on the training faculty of EMS & Associates, a PHECC Approved Training Institution.

COURSE DURATION

One day - no less than 6.5 contact hours, including the CFR Community module and assessment.

COURSE ASSESSMENT

Skills Demonstrations:	Learners are formally assessed on practical skills throughout, or at the end of the course using the PHECC CFR Community and First Aid Essentials skills assessment sheets.
Assessment Requirements:	The mandatory assessment components are the PHECC CFR Community skills assessment and the First Aid Essentials skills assessments. Remediation is provided in line with EMS & Associates assessment policy and procedures.

There is a maximum ratio of 8:1 (Learner: Instructor) for practical skills sessions.

ENTRY CRITERIA

There are no specific entry criteria, including a minimum age, for undertaking the course. However, a course participant should be mature enough to comprehend the knowledge, skills and implications associated with defibrillation and have the maturity to complete assessment to receive certification.

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CERTIFICATION

Upon successful completion of the course, learners will be issued a joint PHECC/EMS & Associates electronic certificate for First Aid Essentials - Basic First Aid and a separate joint certificate for Cardiac First Response – Community, valid for two years from the date of issue.

COURSE SYLLABUS

Cardiac First Response - Community

Introduction to First Aid - Scene Safety, Communication, Consent, and Responder Wellbeing.

Patient Assessment - Primary Survey, Vital Signs, SAMPLE History and Secondary Survey.

Injury Management - Bleeding, Nosebleed, Musculoskeletal Injury, Spinal Injury and Burns.

Common Medical Emergencies - Diabetic Emergency, Asthma and Seizures, Poisons, Anaphylaxis, Sepsis and Fainting, Care of the Patient with Altered Level of Consciousness, Practical First Aid Skills and Patient Care.

Please note that this Basic First Aid course is not a replacement for First Aid Response (FAR). Where an organisation's Health & Safety Risk Assessments identify a requirement for a trained First Aid Responder, the appropriate 3-day First Aid Response course must be completed.

The Basic First Aid course is ideal for organisations wishing to provide additional first aid training to staff, enabling them to support designated First Aid Responders, increase first aid awareness and build confidence in responding to common injuries and medical emergencies.

It is also suitable for a wide range of settings where practical first aid knowledge and skills would be beneficial, including workplaces, community groups, sports and recreational environments, and everyday settings.

FURTHER INFORMATION

For further information or to book a course, please call us on 041-9822933 or email us on info@emsandassociates.com